St Paul's
C of E Primary School

A place to belong

PE Policy

Headteacher:	**Christie Clarke**
Member of Staff Responsible:	**Daryl Bunton**
Reviewing Committee:	**Curriculum**
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Non Statutory Policy	

St Paul's C of E Primary School

A Place to Belong

Our Christian Vision

Our school is a family where everyone feels safe, happy and valued, and is supported to achieve their full potential.

We will develop compassionate and caring individuals who depend on one another, are highly motivated, and have a life-long love of learning in preparation for the future.

Our Core Values

All that we do is underpinned by the core Christian values of *Family (Koinonia), Compassion, Perseverance and Forgiveness*

"Though we are many, we form one body, all joined together as members of the whole. We each have different gifts, according to the grace given to each of us. We must use them wisely."

Romans 12:5-8

PE Policy

At St Paul's we aim to provide a high-quality PE curriculum that supports our children to become physically confident and helps supports their health and fitness for life. We believe that participating in sport and games builds confidence and helps to develop values such as fairness, perseverance and respect. We provide opportunities and encouragement to our children to help them succeed and excel in competitive sport and other physically-demanding activities.

Our Key Aims

- To deliver the expectations of the National Curriculum.
- To help the pupils recognise the importance of exercise within a healthy lifestyle.
- To develop our children's physical confidence: hand-eye coordination, balance, technique, stamina.
- To provide a wide-range of experiences across many different activities; in the hope of inspiring a love of sport in one or many areas.
- To provide a level of basic swimming proficiency as a key life-saving skill.
- To develop a range of life-skills associated with physical activity and sport: determination, resilience, supporting/helping others, sportsmanship, fair play, winning and losing and team-work.
- To raise the profile of PE and Sport across the school.
- To enhance participation in competitive sport.
- To increase confidence, knowledge and skills of staff in teaching PE and Sport.

Our Objectives

- To master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and be able to apply these in a range of activities.
- To participate in team games; developing simple tactics for attacking and defending.
- To perform dances using simple movement patterns.
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- To swim competently, confidently and proficiently over a distance of at least 25 metres.
- To perform safe self-rescue in different water-based situations.
- To educate our pupils about the importance of exercise and its positive effects upon their bodies.
- To represent the school in at least one inter-school competition as part of an 'a' 'b' or 'c' team.

Roles and responsibilities

The **Head teacher** is responsible for:

- Appointing an appropriate PE coordinator/Head of Sport.
- Ensuring that appropriate procedures are in place for the reporting and managing of accidents.
- Ensuring effective health and safety procedures are in place, and that the appropriate safety measures are taken.
- Ensuring all necessary risk assessments have been undertaken.
- Ensuring that teaching standards are maintained and the effectiveness of the teaching of the subject is monitored.
- Liaising with the PE coordinator/Head of Sport regarding the spending and impact of the PE and sport premium funding.
- Ensuring that the use of the PE and sport premium is effectively communicated to the governing board.

The **PE coordinator/Head of Sport** is responsible for:

- The overall implementation of this policy.
- Liaising with staff members to develop an effective PE timetable.
- Producing a flexible and appropriate scheme of work.
- Supporting staff members in all aspects of the curriculum.
- Creating an action plan at the start of each school year, identifying any areas of improvement within the subject which need to be addressed.
- Maintaining and replacing equipment.
- Ensuring the areas of the premises used for PE lessons are safe and clear of obstructions or other hazards.
- Monitoring the teaching of PE at the school, ensuring that high standards are consistently maintained.
- Maintaining records relating to the teaching of PE, including lesson plans, accident logs and risk assessments.
- Attending any necessary training, in order to help inform future developments of the subject at the school.
- Keeping up-to-date with any changes in the subject area.
- Ensuring that the school provides extra-curricular opportunities to pupils, further developing the skills learnt during their PE lessons.
- Liaising with the headteacher and senior leadership team (SLT) regarding the use of the PE and sport premium.
- Providing the headteacher with an annual summary report regarding the teaching of PE at the school.

Staff members involved in the teaching of PE are responsible for:

- Acting in accordance with the school's Health and Safety Policy.
- Reporting accidents and other incidents in line with the school's Accident Reporting Procedure Policy.
- Participating in any necessary training or CPD.
- Keeping up-to-date with changes within the subject area.
- Acting in accordance with the Staff Code of Conduct.
- Making informed decisions regarding whether the weather conditions are suitable for the planned lesson, and ensuring alternative appropriate arrangements are in place.
- Providing an appropriate level of assistance, where necessary, to pupils changing for PE lessons, in line with the Primary School Uniform Assistance Policy.

Parents are responsible for:

- Providing their child with the necessary PE kit.
- Providing their child with appropriate footwear for PE classes.
- Ensuring that, where necessary, a doctor's note or similar evidence is provided when their child cannot participate in PE lessons.

Pupils are responsible for:

- Acting in accordance with the Pupil Code of Conduct/Behaviour Policy at all times.
- Bringing their PE kit to school on the appropriate days.
- Notifying their teacher of any reason why they should not participate in PE lessons and providing appropriate evidence, where necessary.

The Curriculum

The Early Years Foundation Stage (EYFS)

Physical development will be encouraged as an integral part of work for pupils in the EYFS, teaching them how to control their movements and become competent movers.

Pupils' fundamental movement skills are developed during the EYFS, laying a foundation for future PE lessons.

Particular areas of focus will include fine and gross motor skills and development, movement, balance and the use of PE equipment including gymnastic apparatus, floor mats and sporting goods, such as bats and balls.

Pupils' physical development will relate to the objectives of the early learning goals, which are set out in the DfE's 'Statutory framework for the early years foundation stage', including:

- Developing good control and coordination of large and small movements, moving confidentiality in a range of ways and negotiating space safely.
- Handling equipment and resources effectively.
- Developing an understanding of and talking about good health, including exercise and healthy diets.
- Managing basic hygiene and personal needs successfully, including dressing and going to the toilet independently.
- Playing co-operatively, taking turns with others.
- Participating in new activities and verbally explaining why they like some activities more than others.
- Independently choosing the resources they need for their chosen activities.
- Working as part of a group and independently, understanding and following rules.
- Demonstrating an ability to follow instructions involving several ideas or actions.
- Counting reliably with numbers from one to 20, such as keeping score during sporting activities.
- Demonstrating an understanding of measurements, such as the use of metres during races.

Key Stage 1

During KS1, pupils will be taught to:

- Master basic movements, including running, jumping, throwing and catching, whilst developing their agility, balance and coordination, beginning to apply applying these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

Key Stage 2

During KS2, pupils will be taught to:

- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending, for example, through netball, football, hockey and tennis.
- Develop flexibility, strength, technique, control and balance through activities such as gymnastics and athletics.
- Perform dances using a range of movement patterns.
- Participate in outdoor and adventurous activities, both individually and within a team.
- Compare their performances with their previous ones and demonstrate improvement to achieve their personal best.

1.1. In relation to **swimming**, pupils in lower KS2, will be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively, such as front crawl, backstroke and breaststroke.

Teaching and Learning

- All lessons will be planned and taught in line with the scheme of work, as developed by the PE Coordinator/Head of Sport, ensuring that potential for pupils' progression is planned into the scheme of work.
- At St Paul's C of E Primary School we use GetSet4PE to support planning, teaching and learning.
- Lessons and activities will build upon pupils' prior learning, developing their skills, knowledge and understanding within each activity area.
- The school creates long-term and medium-term plans for delivery of the PE curriculum.
- The PE coordinator/Head of Sport is responsible for reviewing and updating long-term and medium-term plans, and communicating these to teachers.
- All relevant staff members are briefed on the school's planning procedures as part of their staff training.
- Where appropriate, a sports coach will lead the lesson or teach alongside the teacher.
- Pupils will be taught through a mixture of whole-class, group and individual activities, ensuring that tasks are suitable for pupils' abilities.
- Pupils will be encouraged to evaluate their own performance, as well as the performance of others.
- Pupils will be given the opportunity to both collaborate and compete with each other during lessons.
- The PE coordinator/Head of Sport will act as the first point of contact for staff members planning PE lessons or sporting events.
- A variety of resources, including indoor and outdoor sporting equipment, will be used to provide a range of challenge for pupils.
- Staff members involved in the teaching of PE will have access to PE resources, including sporting equipment and specialist literature, at all times.
- PE resources will be booked in advance and authorised for use by the PE coordinator/Head of Sport prior to use.
- Where a pupil is unable to participate in a lesson, the teacher will set them another related task, such as being score counter or equipment manager.

Assessment and Reporting

- Pupils will be assessed through observations made during lessons.
- Teachers will record the progress of pupils.
- Throughout the year, teachers will plan on-going assessment opportunities in order to gauge whether pupils have achieved the key learning objectives.
- Individuals' assessment information will be recorded to help pupils' future teachers plan appropriate work for them and assist in the assessment of pupils' progress each year.
- Annual assessments of each pupil will be used to inform parents of their child's progress and attainment.
- Parents will be provided with a written report about their child's progress during the Summer term every year. This will include information on pupils' effort and achievement in PE.
- The progress of pupils with SEND will be monitored by the SENCO.

Extra-Curricular Activities and Enrichment

- St Paul's provides pupils with the opportunity to participate in a range of extra-curricular activities in order to further develop their skills.
- Extra-curricular opportunities are provided to pupils with the aim of allowing them to put into practice the skills they have developed in lessons, as well as foster a sense of cooperation among pupils, whilst introducing a competitive element to team games.
- There are a variety of PE-related extra-curricular activities for pupils to participate in outside of school hours including the following:

    - Football
    - Hockey
    - Dance
    - Rugby
    - Golf
    - Boccia
    - Netball
    - Yoga
    - Musical Theatre
    - External sports coaches will lead activities and clubs, where appropriate.
    - At the beginning of each term, parents will be made aware of the extra-curricular activities on offer at the school.
    - The school participates in regular sporting events against other schools –pupils and parents will be made aware of these fixtures with due notice.
    - Participation and success of extra-curricular events, such as sporting competitions, will be celebrated during 'Star Assembly'.
    - All teaching staff will actively encourage pupils to be physically active outside of school.

PE Kit

During PE lessons, pupils are expected to wear the following:

- Black/Navy shorts or jogging bottoms
- White T-shirt
- Black plimsolls or trainers

During cold weather, pupils will be allowed to wear their own hooded top, school jumper, or coat, as appropriate.

During swimming lessons, pupils are expected to wear the following:

- One piece bathing suit or swimming trunks (not long board shorts)
- Swimming cap
- Goggles (optional)

Staff members will lead by example by wearing appropriate clothing when teaching PE, such as trainers and jogging bottoms.

Jewellery, such as earrings, cannot be worn at school, including PE lessons.

All long hair is tied back for PE lessons.

Activities such as gymnastics and dance will be undertaken in bare feet.

In the event that a pupil repeatedly forgets their PE kit, a letter will be sent home.

Health and Safety

- Pupils will be taught about physical-activity-related health and safety, as well as sport-specific safety, as part of the PE curriculum.
- Pupils are encouraged to consider their own safety, as well as the safety of others, at all times.
- First aid boxes will always be accessible during PE lessons.
- All staff members involved in the teaching of PE will undergo basic health and safety training as part of their induction.
- Where pupils will be attending an off-site sporting or PE-related event, the PE coordinator/Head of Sport is responsible for completing a risk assessment for the event.
- Swimming lessons will always be taught by a specialist swimming teacher.
- The PE coordinator/Head of Sport will check the conditions and appropriateness of PE resources on a termly basis, restocking equipment as required.
- Resources and equipment will be checked by staff members before use, with any faults or concerns reported to the PE coordinator as soon as possible.
- Damage to PE equipment will be reported to the PE coordinator as soon as possible and, where the damage could cause injury, the equipment is immediately taken out of use.
- Pupils will not have access to PE resources and sporting equipment unless appropriately supervised.
- All PE equipment and resources will be safely stored, within designated PE sheds.

- Pupils will be taught how to handle PE equipment and resources safely.
- Pupils will help staff members to move and set up PE equipment.

Monitoring and review

- This policy will be reviewed on an annual basis by the Head teacher and PE coordinator/Head of Sport, with any changes made to the policy being communicated to all teaching staff and the governing board.
- The curriculum plan will be monitored and evaluated by the PE coordinator/Head of Sport, including the planning, assessment and reporting arrangements in place.
- The spending and impact of the PE and sport premium is assessed by the PE Coordinator/Head of Sport and Head teacher and monitored by the governing board.